

Bonjuk Bay

THE JOURNEY

15-20 JULY

15 WEDNESDAY

08:00 - 09:30
Breakfast

11:00 - 12:00
Meditation & Breathwork w/
Aslıhan Konez

12:30 - 14:00
Lunch

15:00 - 16:00
Primal Moves w/ Tori

16:30 - 17:30
Hand Stand 101 w/ Olay
Ünlü

17:30 - 19:30
Music by Baran Özgün

18:00 - 19:30
Dinner

19:30 - 21:00
Music by Moglier

16 THURSDAY

08:00 - 09:30
Breakfast

11:00 - 12:00
Movement w/ Tori

12:30 - 14:00
Lunch

14:00 - 15:00
Welcome Breathwork &
Meditation w/ Aslıhan
Konez

15:30 - 16:30
Yoga w/ Sinem Mengi

17:00 - 18:30
Ecstatic Dance w/ Mason
Törÿen

18:00 - 19:30
Dinner

19:00 - 22:00
Music by Alchemy
Vibrations

17 FRIDAY

08:00 - 09:30
Breakfast

10:00 - 11:00
Thai Massage Workshop
w/ Sebastian Bruno

11:30 - 12:30
Yoga w/ Sinem Mengi

12:30 - 14:00
Lunch

14:30 - 15:30
Sound Journey w/ Balam
Ek

16:00 - 17:00
Dancing with the Dive w/
Amber Joy Rava

16:00 - 17:00
Movement Approach to
Spinal Work w/ Olay Ünlü

17:00 - 19:00
Music by David

18 SATURDAY

08:00 - 09:30
Breakfast

10:00 - 11:00
5 Elements w/ Sebastian
Bruno

11:30 - 12:30
Kundalini Yoga w/ Aslıhan
Konez

12:30 - 14:00
Lunch

14:30 - 15:30
Sound Journey w/ Balam
Ek

16:00 - 17:00
Playground of Souls w/
Amber Joy Rava

16:00 - 17:00
Ground Rolling Basics w/
Olay Ünlü

19 SUNDAY

08:00 - 09:30
Breakfast

10:00 - 11:00
Sound Journey w/ Balam

11:30 - 12:30
Yoga w/ Sinem Mengi

12:30 - 14:00
Lunch

14:30 - 15:30
Voice Activation w/ Mason

16:00 - 17:00
Closing Breathwork &
Meditation w/ Aslıhan
Konez

16:00 - 17:00
Partner Movement Games
w/ Olay Ünlü

17:30 - 18:30
Primal Moves w/ Tori

22:00 - 00:00
Music by Merve Baykal

18:00 - 19:30
Dinner

19:00 - 21:00
Music by Soul Grinders

21:00 - 23:00
Music by Pijamaboyz

23:00 - 01:00
Music by Enzo Siffredi

17:00 - 19:00
Music by David

18:00 - 19:30
Dinner

19:00 - 21:00
Music by Deniz Erol
Atmaca

21:00 - 23:00
Music by CeyCey

23:00 - 01:00
Music by Evrim de Evrim

18:00 - 19:30
Dinner

18:30 - 20:30
Music by CeyCey

21:30 - 23:00
Movie